# Iron Masters Restaurant

lunch & dinner menu

#### Starters

DOZEN UNBREADED, BREADED OR BONELESS WINGS Plain or Choice of Sauce	
(hot/mild/garlic/bbg/spicy honey bbg/garlic parmesan, sweet garlic teriyaki), Celery & Choice or	f
Dressing (ranch/bleu cheese) 1/2 DOZEN FOR \$6.95	\$11.95
NACHOS Homemade Tortilla Chips topped with Taco Meat, Queso & Cheddar Cheeses - Served	<i>with</i>
Salsa & Sour Cream	\$10.95
BUFFALO NACHO'S Homemade Tortilla Chips topped with Shredded Chicken dipped in Buffalc	Sauce,
Bacon, Cheddar Cheese, Bleu Cheese Crumbles (Served with Ranch or Bleu Cheese Dressing)	\$11.95
BASKET OF POPCORN CHICKEN, POPCORN SHRIMP, CLAM STRIPS, OR HAND-BATTERED F	15#
NUGGETS Served with Fries and Choice of Dipping Sauce	\$10.95
SHANK (G CHICKEN TENDERS) with Fries & Choice of Dipping Sauce	\$10.95
MOZZARELLA CHEESE STICKS (5) Served with marinara sauce	\$5.95
CHEESE FRIES	\$4.50
CHEESE FRIES W/BACON (\$5.50)	
BREADED PORTABELLA MUSHROOMS	\$5.95
BREADED CAULIFLOWER	\$4.95
with Cheese \$5.50	
APPETIZER SAMPLER BASKET 3 Chicken Tenders or Wings, 3 Cheese Sticks, 3 Onion Rings, Bu	ffalo
Fries & Breaded Mushrooms (Choice of Dressing or Sauce)	\$11.95
BASKET OF HOMEMADE TORTILLA CHIPS W/SALSA	\$3.95

With Cheese & Salsa \$4.95

### <u>Par for the Course (Salads & Other Features)</u>

THE WEDGE (Grilled or Breaded Chicken Salad) Grilled or Breaded Chicken Breast Salad Wlegg, cucumbers, tomatoes, fries, mozzarella cheese, dinner rolls & choice of dressing (LARGE OR SMALL) \$11.95 \$10.25 BUFFALO WEDGE Grilled or Breaded Chicken Breast dipped in buffalo sauce on lettuce witomato, onion, bacon, crispy tortilla strips, cheddar cheese, dinner rolls & choice of dressing. LARGE OR

\$12.95 \$10.95 SMALL IN THE ROUGH (Steak Salad) \*Sirloin Tips Salad W/egg, tomato, cucumber, fries & mozzarella \$12.95 \$10.95 cheese, rolls & choice of dressing LARGE OR SMALL CHEF'S SALAD Ham, Turkey, Bacon, Cheddar & Mozzarella, egg slices, tomato, onion, cucumbers,

croutons on lettuce, w/rolls & choice of dressing \$10.95

CHICKEN OR STEAK QUESADILLA Chicken or \*Shaved Rib Eye Steak, cheddar & mozzarella (white, wheat or garlic herb tortillas). Served w/salsa & sour cream

LARGE OR SMALL \$10.95 \$12.95 STRAWBERRY CHICKEN SALAD Grilled Chicken on spring mix greens w/fresh strawberries, blueberries, egg slices, cucumbers, red onion, walnuts OR pecans, mozzarella cheese. Served \$12.95 w/strawberry-poppyseed dressing & rolls.

THE EAGLE (Hot Turkey Sandwich) Turkey Breast, choice of bread covered w/gravy, includes /fries \$9.95 or mashed potatoes

THE DUFFER (Hot Roast Beef Sandwich) Tender Beef, choice of bread covered in gravy, includes fries or mashed potatoes \$10.50

MASHED POTATO BOWL mashed Potatoes topped w/popcorn chicken, corn, cheddar cheese, served \$10.95 w/gravy and rolls

## The Sandwedge Stop (served w/1 side)

THE WATER HAZARD Hand Battered Haddock Fi sauce & choice of toppings CHICKEN CLUB Grilled or Breaded Chicken Breast Tomato & Mayo on a grilled roll FRENCH DIP Tender Roast Beef W/melted provolo request THE BIRDIE Grilled Chicken Breast Filet W/choice o THE BUNKER Breaded Chicken Breast Filet W/choi COUNTRY CLUB GRILLE Grilled ham & turkey, topp stacked between 2 slices thick grilled sourdough b PHILLY CHEESE STEAK OR PHILLY CHICKEN Shav onions, provolone, lettuce, tomato (mayo upon reg BUFFALO CHICKEN SANDWICH Shredded chicken cheddar cheese, lettuce, tomato & ranch dressing BACON-LETTUCE-TOMATO (B.L.T.) Choice of Toast GRILLED CHEESE Choice of Cheese & Bread Add Ham or Bacon \$7.50 CHICKEN SALAD, EGG SALAD, TUNA SALAD (fre TUNA MELT Homemade tuna salad & American che

THE COUNTRY CLUB Triple Decker Club Sandwich u Cheese, lettuce, tomato & mayo on your choice of. GROUND UNDER REPAIR Cup of Soup & 1/2 Sandu Bowl of Soup & Whole Sandwich \$9.95

THE MULLIGAN Scoop of Chicken Salad on Lettuce \$7.95 slices, rolls

## Burgers & Wraps (served w/1 side)

THE SANDBAGGER \*1/2 lb. Angus Burger cooked to order, choice of toppings, grilled roll

PATTY MELT \*1/2 lb. Angus Burger cooked to order, carmelized onions, American cheese on thick grilled \$11.95 sourdough bread (horseradish sauce upon request)

\*1/3 LB ANGUS BURGERS W/CHOICE OF TOPPINGS

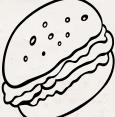
>ttamburger \$8.95 >Cheeseburger \$9.25 >Bacon Cheeseburger \$9.95 >Mushroom-Swiss Burger \$9.50

WRAPS (Choice of White, Wheat or Garlic Herb Tortilla) >Grilled or Breaded Chicken (regular or Buffalo), lettuce, tomato, cheese, ranch \$9.95 >Tender Beef, lettuce, tomato, cheese \$9.95 >Philly Shaved Ribeye Steak or Shredded Chicken, grilled onions & peppers, lettuce, tomato, cheese \$10.95 >Chicken Fajita-Spiced Chicken-onions-peppers, lettuce, tomato, cheddar, mozzarella. salsa & sour cream \$10.95

ADD PEPPERED BACON TO ANY SANDWICH FOR \$1.50 EXTRA

let-fried or baked-on grilled roll w/tartar or cockt	ail 110.95
Topped W/Peppered Bacon, Swiss Cheese, Lettuce	, 10.95
one on a sub roll. Served w/au jus. Grilled onions up	oon 10.95
of toppings-served on grilled roll	\$9.95
ice of toppings-served on grilled roll	\$9.95
ed w/peppered bacon, cheese, lettuce, tomato &	mayo 10.95
ed rib steak or shredded chicken, grilled peppers quest) on a sub roll	& \$10.95
n dipped in buffalo sauce, grilled onions & peppers, on a grilled sub roll	no.95
-W/Mayo	\$9.50
	\$6.50
<b>eshly made)</b> Choose Toppings & Bread	\$7.95
ese between grilled wheat bread	\$9.95
uHurkey, ham, peppered bacon, American & Provo toast. W/chips & pickles	lone \$9.95
wich (Ham, Turkey, Chicken Salad), Chips & Pickles	\$7.95
W/choice of cottage cheese or cole slaw, tomato s	eaa

\$10.95



### Sides

Regular Fries - Battered Fries - Seasoned Pub Fries - Buffalo Fries - Sweet Potato Fries - Onion Rings Baked Potato W/Butter & Sour Cream - Baked Sweet Potato W/Butter & Brown Sugar

Garden Salad - Cole Slaw - Vegetable of the Day Cup of Soup de Jour - Bowl of Soup de Jour Applesauce - Fruit Cup - Cottage Cheese - Pickled Eggs & Beets Mashed Potatoes W/Gravy - White Rice - Rice Pilaf Homemade Stuffing - Garlic Bread



QUART OF HOMEMADE SOUP DE JOUR \$6.95

#### salad Dressings:

House Made Ranch - House Made Halian - French -Honey Mustard - Raspberry Vinaigrette -Bleu Cheese - Thousand Island -Olive Oil & Red Wine Vinegar

### Desserts

Homemade Pie \$4.25 Ala Mode \$4.95 Pie Choices Vary Ask your Server

Homemade Cake \$3.95 Ala Mode \$4.75

Cake Choices Vary Ask your server

Ice Cream or Sherbet 1 Scoop \$2.50 2 Scoops \$2.95

Ice Gream Sundaes \$4.25 Chocolate or strawberry Whipped Cream & Cherry

Basket of Funnel Cake Fries \$3.95 Dusted w/powdered sugar

DESSERT CHOICES CHANGE DAILY/WEEKLY - PRICES VARY (ASK YOUR SERVER) OR CHECK OUT THE DISPLAY CASE

## Nine & Dine Dinner Menu All dinners include 2 sides & dinner rolls

#### GRILLED BONELESS CHICKEN BREAST (2)

\$12.95 FOR SENIORS OR SMALLER APPETITES

1 Pork Chop with 2 sides & dinner rolls (\$10.95)

CENTER CUT GRILLED PORK CHOPS \$12.95

FOR SENIORS OR SMALLER APPETITES 1 Center Cut Grilled Pork Chop with 2 sides & dinner rolls (\$10.95)

GRILLED HAM STEAK

\$12.95

FOR SENIORS OR SMALLER APPETITES 3/4 Slice Grilled Ham Steak with 2 sides & dinner rolls (\$10.95)

ROAST TURKEY WITH OUR OWN STUFFING (WHITE & DARK MEAT) & GRAVY \$12.95

TENDER ROAST BEEF WITH OUR OWN STUFFING & GRAVY

\$13.95

\*MARINATED SIRLOIN TIPS, COOKED TO ORDER, WITH GRILLED PEPPERS & ONIONS \$14.95

> HAND BATTERED FRIED OR BAKED HADDOCK\* 2 large filets of hand battered fried or baked Haddock

\$14.95

FOR SENIORS OR SMALLER APPETITES 1 Piece Baked or Fried Haddock with 2 sides & dinner rolls (\$11.95)

8 JUMBO BATTER DIPPED FANTAIL SHRIMP

\$13.95

SEAFOOD PLATTER Baked or Fried Haddock, Jumbo Shrimp, Clam Strips & Fries or Onion Rings

\$15.95

CAPTAIN'S PLATTER

Baked or Fried Haddock, Crab Cake, Grilled Shrimp Skewer, Clam Strips, Fries or Onion Rings

\$17.95

### Drinks

>>Fresh Brewed Coffee / Hot Tea - Free Refills >>Fresh Brewed Iced Tea (Unsweetened or Our Own Sweet Tea) - Free Refills

>>Lemonade - Free Refills

>>Soda (Pepsi Products) - Free Refills

>>Flavored Iced Tea (Blackberry - Peach - Raspberry - Mango) Includes 1 refill

>>White or Chocolate Milk (refills extra)

»Juice (Orange - Apple - Tomato - Cranberry) (Refills Extra)

>>milkshakes (Vanilla - Chocolate - Strawberry)

CANNED BEER & WINE AVAILABLE Mixed Drinks Available from our Lounge Ask your Server

Tic Tac Toe For the Kids (12 & Under) Grilled Cheese with Fries & Applesauce \$3.95 Hot Dog with Fries & Applesauce \$3.95 Chicken Tenders (2) with Fries & Applesauce \$4.75 Breaded Jumbo Shrimp (3) or Popcorn Shrimp \$4.75 with Fries & Applesauce Grilled Chicken Strips with Fries & Applesauce \$4.95

FRESH APPLE SLICES CAN BE SUBSTITUTED FOR APPLESAUCE IN ALL KIDS MEALS

### Kids Breakfast

1 EGG, 2 SLICES BACON 3 SILVER DOLLAR PANCA FRENCH TOAST STICKS SE 2 SLICES BACON OF 2 SAI

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

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\$2.00

\$2.50

\$2.50

\$2.95

\$2.95

\$2.25

\$2.95

\$3.95

OR 2 SAUSAGE LINKS, 1 SLICE TOAST	\$2.95
akes served with butter & syrup	\$2.00
erved with butter & syrup	\$2.00
USAGE LINKS	\$1.50